



**SPORTS GRANT ALLOCATION REPORT 2015/16 Academic Year**

<p><b>Activity</b> – Introducing cross country (lead by LP)</p> <p><b>Intention</b> – To broaden the children’s PE curriculum working on a sport where they are independent, working on self-evaluation and beating their own targets. Increase fitness levels in the children. Having one teacher specialise in PE ensures continuity across this area of the curriculum and develop skills as a result.</p> <p><b>Why this choice</b> – To help the children work on their own targets focusing on themselves rather than a team sport.</p> <p><b>What we provided</b> – Each week the children were taken to the field across from school and walked through the course before attempting. They were asked to review after each session their feelings about how they did and what they hope to do the following week.</p> <p><b>The difference we made</b> – The children’s drive to beat their target was incredible exceeding their and my expectations of what was possible in one PE session. They described how they felt fitter and could pace themselves to run for increasingly longer periods. We have taken teams from KS1 and 2 to a cross country even and got 3<sup>rd</sup> place for our KS2 team. We have sent out information about the local Park Run which many children now participate in each week.</p>	<p><b>Activity</b> – Swimming week</p> <p><b>Intention</b> – To improve the children’s swimming ability and confidence in the water. For those who have been in previous years we are looking for them to improve on previous achievements.</p> <p><b>Why this choice</b> – Being able to swim is a lifesaving skill and part of the National Curriculum.</p> <p><b>What we provided</b> – We took the children for a 45min session every morning, for a week in our local swimming pool. We took the majority of the school (all children in years 1 - 6). We believe that taking them every morning in a solid block helps the children to develop skills more quickly as there is not the usual week gap between sessions. We ensured that we had a coach for each group with our PE leader also taking charge of a group. We put two members of our staff into the pool to support a 1-1 child and three others who required a little more attention. We believe this really helped with their confidence to achieve and ultimately lead to improvement.</p> <p><b>The difference we made</b> – The children in the learner pool all became much more confident being in the water with splashing, putting their heads into the water and starting to swim with floatation aids. The children in the big pool all moved up within their level or to the next, becoming much more confident with their swimming strokes and life saving techniques.</p>
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<p><b>Activity</b> – The 100 mile challenge (Lead by LP)</p> <p><b>Intention</b> – To increase activity in children outside of school, monitored over a 6 month period.</p> <p><b>Why this choice</b> – This was a fabulous challenge that was achievable for children from Nursery to year 6 and does not focus on one area of fitness making it more accessible. The children can clock up miles by running, walking, jogging, cycling, roller-booting and scooting.</p> <p><b>What we provided</b> – We handed out the pre 100 mile challenge questionnaire that asks the children how much exercise they do and their fitness levels. We then sent a letter informing parents about the challenge. Midway through the challenge we handed out certificates in assembly to the children who had reached certain mile stones, with many already passing the 100 mark, (it is not included in the challenge to go above the 100 mile mark, however, we as a school are encouraging this and creating our own certificates). Nearly all the children in the school have joined in with this challenge!</p> <p><b>The difference we made</b> – The children were really excited about this challenge and went around it in many different ways. They demonstrated a real determination to not only reach 100 miles but go past that! At the end of the challenge we found the children’s physical activity levels at home had gone up, with many children now joining in with the Park Run scheme and choosing to develop their fitness at the weekend!</p>	<p><b>Activity</b> – Purchasing sports equipment</p> <p><b>Intention</b> – To develop cricket and rounders skills in school.</p> <p><b>Why this choice</b> – In the past we have had to make do with throwing the rounder’s ball or using a tennis racket which did not reflect the real essence of the game or extend the children’s skill level. In cricket we used tennis balls rather than the actual harder balls used in Kwik Cricket.</p> <p><b>What we provided</b> – We looked in catalogues to purchase rounder’s bats, real Kwik Cricket balls and bibs extending our equipment store to a wider variety of sports.</p> <p><b>The difference we made</b> – The children were able to practice with the correct equipment therefore improving their skills and understanding of the sport. The rounder’s has improved for most children too, learning how to use the bat properly, for example.</p>
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<p><b>Activity</b> – After school clubs</p> <p><b>Intention</b> – Developing badminton skills that have started in lesson time, and taking them to the next level. Learning new skills.</p> <p><b>Why this choice</b> – We chose archery as we have worked with Action Ants before, the coach is great showing a good understanding of the children and teaching them basic but essential safety. We have worked with Ben who teaches badminton in lesson times too. He is also great with the children developing their skills and thoughts towards achievement – resilience and resourcefulness which we as a school advocate.</p> <p><b>What we provided</b> – We provided a one hour session over an eight week period after school, badminton KS2 in the hall and archery KS1 outside.</p> <p><b>The difference we made</b> – The children got to develop their skills in badminton, with the coach noticing a real difference in their skill level. Some children have then gone on to find the badminton club in Penrith. The younger children whom archery lessons were aimed at really enjoyed having a go at this new sport, learning new skills. At the end of the eight weeks the teacher said the children had made huge developments and they themselves were able to describe how to hold the bow, how to stand and safety precautions, great!</p>	<p><b>Activity</b> – Becoming a member of the Eden Valley Sports Partnership</p> <p><b>Intention</b> – To enter sports competitions and receive good outside coaching giving new ideas and knowledge to the PE teacher in school.</p> <p><b>Why this choice</b> – We have been signed up to the Eden Valley Sports Partnership (EVSP) for a number of years now. They provide us with coaching opportunities in every term, information for teachers and competitions for the children to showcase what they have learnt and put them into practice against other schools from around our area.</p> <p><b>What we provided</b> – This year we have received.. A weeks coaching of bikability giving some children new skills and developing the skills of others moving to the next level. Tennis, hockey, football, badminton and cricket coaching. This is an incredible amount of coaching delivered from coaches who are trained in these areas. We have attended competitions for KS2 children to showcase our skills and see other schools in a friendly competitive environment.</p> <p><b>The difference we made</b> – The children show an immense sense of pride and team spirit when we attend competitions, they work hard understanding that they are representing our school. They have developed their pride, wanting to do well and acknowledging that whatever position they come they have done well. The children love PE and are very excited when the opportunity of a competition arrives. The coaching we have received has been great as the coaches were teaching their specialist areas and giving little hints and tips to the children. The children’s skill level in the blocks of coaching develops really well, with some children becoming solid and confident with the basics and others pushing on to the next challenge. They always provide the children with the opportunity to practice the skills they have been working on in a game situation firming up their understanding. EVSP keep teaching staff up to date with any information they receive and pass it on, this is helpful.</p>
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## CULGAITH CE SCHOOL

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Swimming	£415
U Dance	£230
Football Coaching	£540
Archery	£120
Equipment	£890
Eden Valley Sports Partnership	£2165
Staffing to deliver sport	£4043
Elite Academy	£243
<b>Total</b>	<b>£8646</b>

Total Funding for 2015-16	£8260
B/Fwd from 2014-15	£1822
Used in 2015-16	£8646
<b>Balance to be carried forward</b>	<b>£1436</b>