



## Year 1+2 - PE Assessment

Red - National curriculum Blue - Skills curriculum (there to support teachers when assessing)

Spring 2 - team games and racket sports	<p>Participate in team games, developing simple tactics for attacking and defending</p> <p>*Use hitting and catching skills in combination.</p> <p>*Use the terms 'opponent' and 'team-mate'.</p> <p>Develop tactics.</p>														
Summer 1 - water safety	<p>Swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>Perform safe self-rescue in different water-based situations</p>														
Summer 2 - track and field	<p>Developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>*Jump in a number of ways</p> <p>*Compete with others and aim to improve personal best performances.</p> <p>*Run over a longer distance, conserving energy in order to sustain performance.</p>														